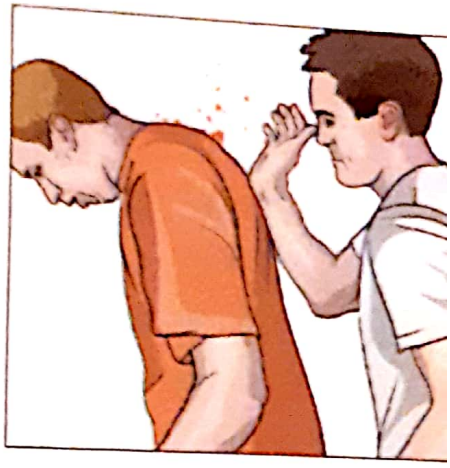
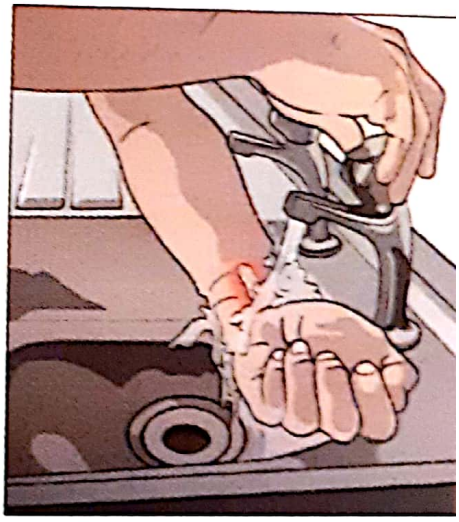
2A FIRST AID QUIZ Student A

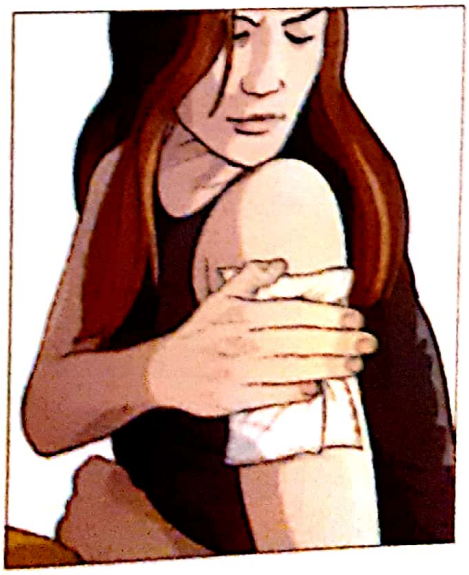
1 a You should hit the person firmly on the back between the shoulder blades to remove the object. This is often enough to clear the blockage, letting the person breathe again. If necessary, call the emergency services or get someone else to do it.



2 b The first thing to do is cool the burn under cold running water for at least ten minutes. This will make the burn less painful, and reduce swelling and scarring. Then cover the burn with cling film, or a clean plastic bag if your foot or hand is burned. This prevents infection and keeps air from the surface of the skin, which reduces pain. If it's a serious burn, call the emergency services because it may need urgent medical treatment.



3 a You should immediately put pressure on the wound to stop or slow down the bleeding. Use whatever is available – like a T-shirt or other clean cloth, or even your hand. Get help as soon as possible by calling the emergency services. Keep pressure on the wound until help arrives.



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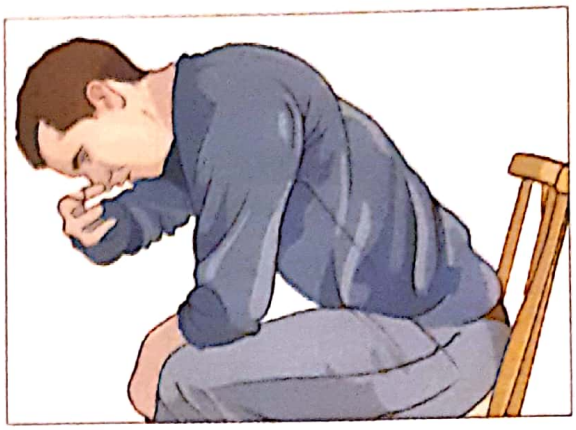
2A FIRST AID QUIZ Student B

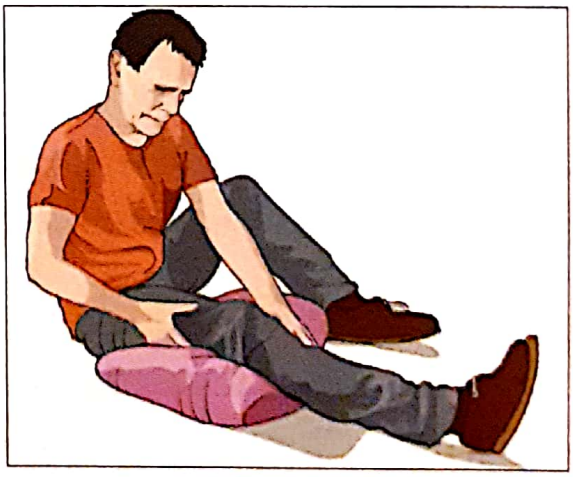
4 a If someone you are with has a nosebleed, you should ask them to sit down and lean forward. Ask the person to pinch the soft part of the nose, which they should do for ten minutes. Get medical advice if the bleeding continues for more than thirty minutes.



5 b Tilt their head backwards so that their tongue isn't blocking their airway. Check if they're breathing by looking to see if their chest is moving, and feel for breath on your cheek. Now move them onto their side and tilt their head back. Putting them in this position with their head back helps keep the airway open. As soon as possible, call the emergency services or get someone else to do it.



6 b Use a cushion or items of clothing to prevent unnecessary movement. Call the emergency services or get someone else to do it. Don't try to straighten the person's leg, but continue supporting the injury until help arrives.



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