Illnesses and injuries

1 MINOR ILLNESSES AND CONDITIONS

a Match the sentences with the pictures.



She has / She's got…

- a cough /kɒf/
- a headache /'hedeɪk/ (earache, stomach ache, toothache, etc.)
- 1 a rash /ræʃ/
- a temperature /'temprətʃə/
- sunburn /'sʌnbɜːn/
- She's being sick / She's vomiting /'vɒmɪtɪŋ/.
- She's sneezing /'sniːzɪŋ/.
- Her ankle is swollen /'swəʊlən/.
- Her back hurts /hɜːts/ / Her back aches /eɪks/.
- Her finger is bleeding /'bliːdɪŋ/.

b (1.29) Listen and check.

c Match the illnesses and conditions with their symptoms or causes.

1 B He has **a sore throat** /sɔːθrəʊt/.
2 He has **diarrhoea** /daɪə'rɪə/.
3 He **feels sick** /'fiːlz sɪk/.
4 He's **fainted** /'feɪntɪd/.
5 He has a **blister** /'blɪstə/ on his foot.
6 He has **a cold** /ə kəʊld/.
7 He has **flu** /fluː/.
8 He feels **dizzy** /'dɪzi/.
9 He's **cut himself** /kʌt hɪm'self/.

A He has a temperature and he aches all over.
B It hurts when he talks or swallows food.
C It's so hot in the room that he's lost consciousness.
D He's been to the toilet five times this morning.
E He feels that he's going to vomit.
F He's sneezing a lot and he has a cough.
G He feels that everything is spinning round.
H He's been walking in uncomfortable shoes.
I He's bleeding.

d (1.30) Listen and check.

2 INJURIES AND MORE SERIOUS CONDITIONS

a Match the injuries with their causes or symptoms.

1 C He's **unconscious** /ʌn'kɒnʃəs/.
2 He's had an **allergic** reaction /ə'lɜːdʒɪk/.
3 He's **twisted** his ankle /'twɪstɪd/ / He's **sprained** his ankle /spreɪnd/.
4 He has **high** (low) **blood pressure** /'blʌd preʃə/.
5 He has **food poisoning** /'fuːd pɔɪzənɪŋ/.
6 He's **choking** /'tʃəʊkɪŋ/.
7 He's **burnt** himself /bɜːnt/.

A He spilt some boiling water on himself.
B He fell badly and now it's swollen.
C He's breathing, but his eyes are closed and he can't hear or feel anything.
D It's 18 over 14 (or 180 over 140).
E He ate some prawns that were off.
F He was eating a steak and a piece got stuck in his throat.
G He was stung by a wasp and now he has a rash and has difficulty breathing.

Common treatments for…

a cut	minor: put a plaster on it (*AmE* band aid) and antiseptic cream, major: have stitches
headaches	take painkillers
an infection	take antibiotics
a sprained ankle	put ice on it and bandage it
an allergic reaction	take antihistamine tablets or cream

b (1.31) Listen and check.

3 PHRASAL VERBS CONNECTED WITH ILLNESS

a Match the **bold** phrasal verbs to their meanings.

Please **lie down** on the couch. I'm going to examine you.
I'd been standing for such a long time that I **passed out**, and when I **came round** I was lying on the floor.
It often takes a long time to **get over** flu.
A few minutes after drinking the liquid I had to run to the bathroom to **throw up**.

1 _____ faint
2 _____ put your body in a horizontal position
3 _____ vomit, be sick
4 _____ get better / recover from sth
5 _____ become conscious again

b (1.32) Listen and check.

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